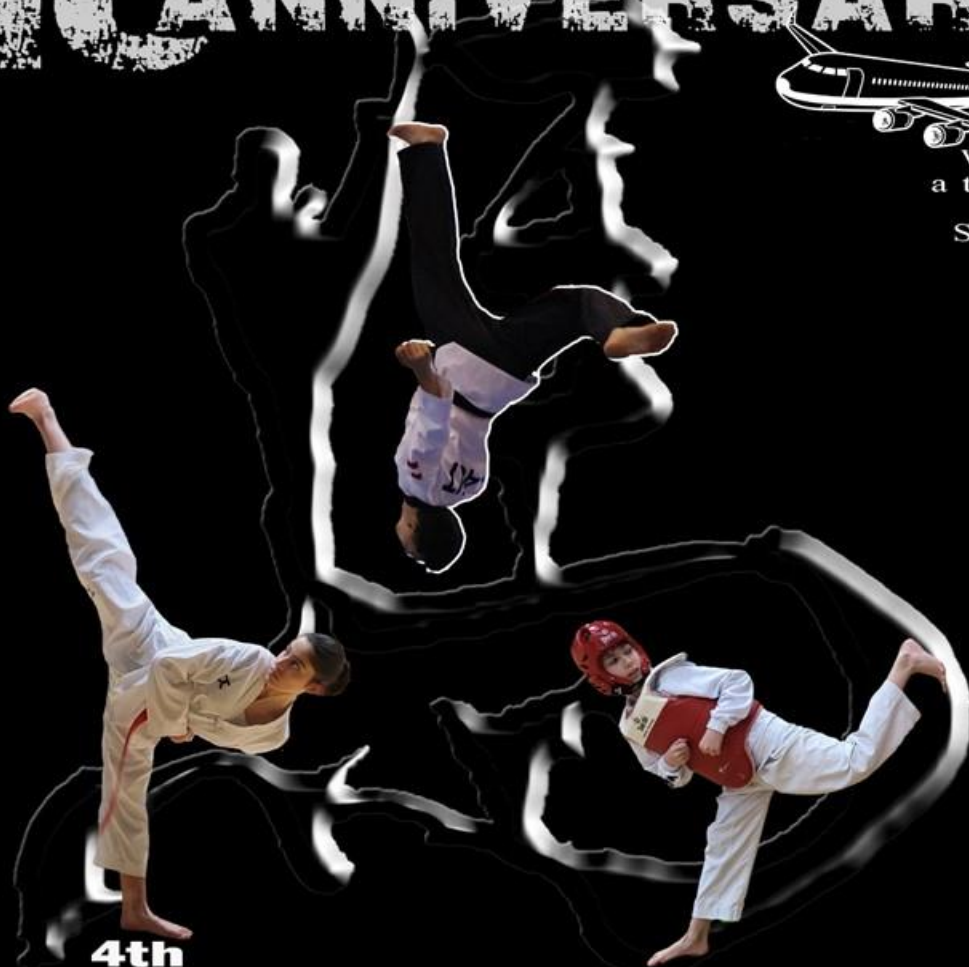


10TH ANNIVERSARY

TAEKWONDO MUSTANG



Win
a ticket
to
Seoul



4th

ITMC

International Taekwondo Mustang Championship
Kyorugi . Poomsae . Freestyle . Para . Family

VORARLBERGER LANDESMEISTERSCHAFT

18.05.2024

Turnhalle Mittelschule Oberau
Hämmerlestraße 2, 6800 Feldkirch, Austria, Europe



4th International Taekwondo Mustang Championship 2024 (ITMC 4) 18.05.2024

Kyorugi, Recognised Poomsae, Family Poomsae, Freestyle, Para-Poomsae,
Speed Kicking and Mustang's Parkour Challenges

AND

Vorarlberg Taekwondo Open Championship 2024



1. Organizer: Taekwondo Mustang-Feldkirch
Eve Hepp
+43 664 227 3972
itmc.taekwondo.mustang@gmail.com
<https://taekwondo-mustang.group>
<https://www.facebook.com/TaekwondoMustangGroup/>
https://www.instagram.com/tkd_mustang_group/

2. Venue: Turnhalle Mittelschule Oberau, Hämmerlestraße 2, 6800 Feldkirch, Austria
<https://maps.app.goo.gl/VxydbcCVnXAEwWHk6>

3. Program:

17.05.2024 (Friday)
18:00 – 20:00 Turnhalle Mittelschule Oberau

- Kyorugi registration and weigh-in
- Registration for all disciplines

18.05.2024 (Saturday)
07:00 – 08:30 Registration for all disciplines and weigh-in for Kyorugi
08:00 – 08:30 Gathering of the Referees
08:30 – 09:00 Gathering of the Head of Teams
09:15 Opening ceremony
10:00 Begin of all COMPETITIONS.
14:00 Lucky Draw – 1st price (A flight-ticket to Korea, Seoul)
Terms and Conditions apply.
15:00 Awarding of Medals for Kicking and Mustang's Parkour

4. Online Registration: **01.04.2024**
<https://www.sportdata.org/taekwondo>

5. Closing date for Online Registration: **12.05.2024, Sunday, 23:59 PM (CEST)**

6. Closing date for payment: **14.05.2024, Tuesday, 23:59 PM (CEST)**
Late payment would be penalised with a sum of €50.

7. Registration after closing date: It is possible after paying the **double** of the below stipulated entry fees by bank transfer only, latest at registration.



- 8. Age:**
- All age categories are based on the birth year.
 - All participants must proof their age and nationality by presenting their valid passport or identification card at the registration.
 - All participants must proof their belts by presenting their TKD passes at the registration and the weigh-in.
 - For the participation in the Vorarlberg Taekwondo Open Championship, a Vorarlberg authorized TKD pass is mandatory.

9. Head of scoring system: **SPORTDATA**
 Michael Fellner, +43 664 445 5197
 taekwondo.veranstaltungen@gmail.com

10. Uniforms: White reverse doboks - **Coloured** belts
 Black and red reverse doboks – **only Poom** grades
 Black reverse or DAN doboks – **only DAN** grades

11. Entry fees:	<u>KYORUGI</u>	<u>POOMSAE & FREESTYLE & PARA & FAMILY</u>
	€ 40 - per starter in CLASS A, B, C € 40 - Change of weight category after the deadline or at the weigh-in	€ 40 – per single € 40 – per pair € 40 – per team
	<u>Speed-Kicking Challenge</u> € 10 – per Start	<u>Mustang's Parkour Challenge</u> € 10 – per Start

12. Bank details:

Name	-	Taekwondo MUSTANG-Feldkirch
Bank	-	Raiffeisen Bank
BIC	-	RVVGAT2B458
IBAN	-	AT83 3745 8000 0436 1713
Remarks	-	ITMC 2024 + Name of the club

The costs of remittance transaction and the currency-conversion fees are to be borne by the **clubs**.

- 13. Head of teams and coaches:**
- There is only **one** head of team in **each** club.
 - Only the head of team is authorised to register, withdraw, make changes and pay the entry fees and penalties.
 - Only Head of Team and Coaches are allowed to be at the competition area.
 - Ratio: 5 Athletes to 1 Coach

- 14. Rights of the organiser:**
- The organiser has the right to change the terms and conditions during the event.
 - The organiser has the right to accept, reject and disqualify any athletes or clubs that do not abide with the terms and conditions of the outlines.

- 15. Liability:**
- The organizer does not assume liability for any damages to persons or objects or for any losses.
 - All participants and parents/legal guardians agree to the disclaimer of warranty by registration.
 - Every participant, along with their parents/legal guardians, **MUST** possess their own accident and health coverage while participating in the championship.
 - Additionally, all competitors and parents/legal guardians agree to the publication of their names in the results and to the use of photographs from the tournament and the award ceremony, including potential online publication.
 - For further details, please refer to point 40, regarding disclaimer and waiver of liability.



16. Awards:**ITMC 2024**

Taekwondo MUSTANG would not participate in the scoring of the team medals.

Athlete's medals**(all categories)**

- 1st place – gold medal
- 2nd place – silver medal
- 3rd place – bronze medal
- 4th place – bronze medal

Team's Trophy – Kyorugi**Team's Trophy – Poomsae, FS and Para**

The following points would be added to award the winning teams.

- Gold medal - 9 points
- Silver medal - 3 points
- Bronze medal - 1 point (only the 3rd place)

Only those categories with competitors are taken into consideration. For example:

- Gold medal – minimum 2 starters
- Silver medal – minimum 3 starters
- Bronze medal – minimum 4 starters

The medals from the Vorarlberg Taekwondo Open Championship are not included in the ITMC Team's Trophy.

17. Awards:**Vorarlberg
Taekwondo Open
Championship
(Medals)**

- a. The Vorarlberg Taekwondo Open Championship will take place simultaneously with the International Taekwondo Mustang Championship.
- b. The top three athletes from Vorarlberg in Class A and B will be awarded with medals.
- c. This rule applies only to athletes from Vorarlberg who possess a Vorarlberg Taekwondo Pass with a valid signature from the president of VTDV.
- d. A valid Vorarlberg Taekwondo Pass includes the annual ÖTDV stickers and it has to be shown during the registration.
- e. These medals are not included in the ITMC Team's Trophy

Athlete's medals**(Kyorugi, Poomsae, Para and Freestyle)**

- 1st place – gold medal
- 2nd place – silver medal
- 3rd place – bronze medal

18. Titles:**Vorarlberg
Taekwondo Open
Championship**

- a. Rules apply as mentioned above.
- b. The first athlete from Vorarlberg in each Class A will be awarded the title "Vorarlberger Landesmeister" along with a gold medal.
- c. The first athlete from Vorarlberg in each Class B will be awarded the title "Vorarlberger Nachwuchsmeister" along with a gold medal.
- d. The above-mentioned titles apply to all categories in Poomsae & FS single, pair, team and in Kyorugi.



**4th International Taekwondo
Mustang Championship 2024 (ITMC 4)
Kyorugi
Vorarlberg Taekwondo Open Championship
2024**



19. Head of referees & Arbitration: Dr Martin Sam
martinsam@live.at
€100 arbitration fees

20. Classes:
Class A – 1st – 4th KUP, POOM, DAN
Class B – 5th KUP till 8th KUP
Class C – 9th KUP till 10th KUP

21. Competition mode:
 3 x 1.0 min. Bambini and Students
 3 x 1.5 min. Cadets
 3 x 2.0 min. Juniors and Seniors (30 seconds of break)

22. Competition system: K.O. system. The new rules of the WT in Kyorugi are applied.

23. Protective equipment:

The electronic DAEDO body protector and headgear are provided by the organizer.

Classes	electronic body protector	electronic head gear	Daedo socks	Hogu (Vests)	Helmet	Gum-shield	Arm & Shin Pro- tectors	Gloves	Groin guard	Socks
A	ITMC	ITMC	Athlete	-	-	Athlete	Athlete	Athlete	Athlete	-
B	ITMC	ITMC	Athlete	-	-	Athlete	Athlete	Athlete	Athlete	-
C	-	-	-	Athlete	Athlete	Athlete	Athlete	Athlete	Athlete	Athlete

24. Weight categories:

Category	Gend er	Age	Year	Weight categories (kg)									
				-23	-25	-27	-30	-33	-36	-40	+40		
Bambini	m/f	7-8 y.	2016-2017	-23	-25	-27	-30	-33	-36	-40	+40		
Student	m/f	9-11 y.	2013-2015	-27	-30	-33	-36	-40	-45	-50	+50		
Cadet	m	12-14 y.	2010-2012	-33	-37	-41	-45	-49	-53	-57	-61	-65	+65
Cadet	f	12-14 y.	2010-2012	-29	-33	-37	-41	-44	-47	-51	-55	-59	+59
Junior	m	15-17 y.	2007-2009	-45	-48	-51	-55	-59	-63	-68	-73	-78	+78
Junior	f	15-17 y.	2007-2009	-42	-44	-46	-49	-52	-55	-59	-63	-68	+68
Senior	m	18+ y.	-2006	-54	-58	-63	-68	-74	-80	-87	+87		
Senior	f	18+ y.	-2006	-46	-49	-53	-57	-62	-67	-73	+73		

- If there is only **one** starter in the weight category, the athlete would compete in the **next higher** weight class.
- The organizer reserves the right to put weight categories and/or age groups together to facilitate a fight.
- Headgears **with face shield are recommended**.
- Cadets in class B require a helmet with visor and mouth guard, which they must bring themselves.



**4th International Taekwondo
Mustang Championship 2024 (ITMC 4)
Recognised Poomsae, Freestyle, Para & Family
and
Vorarlberg Taekwondo Open Championship
2024**



25. Head of referees & Arbitration: Peter Nestler
peter.nestler@dojang.at
€100 arbitration fees

26. Competition mode:

- a. **Two** Patterns in the **final** round.
- b. All competitors can choose the patterns from their individual pool.
- c. Class A athletes could choose any **two forms** from their respective table, but they must choose at least **one DAN** form.
- d. Class B could choose any **two forms** from their respective table. **No repeats** possible.
- e. Class C athletes can **repeat** the forms from 1st Taeguk.

27. Classes:

Class A – 1st – 2nd KUP, POOM, DAN
Class B – 3rd – 8th KUP
Class C – 9th – 10th KUP
***No mixture between the classes.**

28. Pair:

Class A – male/female
Class B and C – any combinations
***Athletes can only compete once in each category.**

29. Team:

Class A – male/male/male, female/female/female
Class B and C – any combinations
***Athletes can only compete once in each category.**

30. Age combination: Athletes from **respective** classes **COULD** form a pair or team with different **age** group! But they must compete in the **highest** age group and perform the **self-chosen** Poomsae for that **age** group. For example:
If a 29-year-old female teams with a 15-year-old female and a 14-year-old female, they must compete in "under 31" class and all three should be able to perform the self-selected patterns from "under 31". (Taeguk 4 – Pyongwon)



31. Age, categories, and choice of Patterns:

Age	Category	Taeguk								Poomsae									
Under 7 years old -2018	Bambini	1	2	3															
7 – 11 years old 2013 – 2017	Children	1	2	3	4	5	6	7	8	1									
12 – 14 years old 2010-2012	Cadet		2	3	4	5	6	7	8	1	2								
15 – 17 years old 2007-2009	Junior			3	4	5	6	7	8	1	2	3							
18 – 30 years old 1994-2006	under 31				4	5	6	7	8	1	2	3	4						
31 – 40 years old 1984-1993	under 41					5	6	7	8	1	2	3	4	5					
41 – 50 years old 1974-1983	under 51						6	7	8	1	2	3	4	5	6	7			
51 years old above -1973	over 50							7	8	1	2	3	4	5	6	7	8		

- 32. FREESTYLE:**
- a. All contestants are to abide to WT freestyle rules.
 - b. They must follow the compulsory sequence.
 - c. Mixed teams of 3 and 5 can consist of all gender.
 - d. Only instrumental music is allowed.
 - e. Length of the performance: 90 – 100 seconds
 - f. Athletes are **NOT** allowed to perform on gymnastic floors.

Age	Category	Grades / Combinations
2007 -	Below 18 years old	<ul style="list-style-type: none"> • Single (all grades) • Pair (all grades m/m, f/f, f/m are allowed) • Mixed team of 3 (all grades are allowed) • Mixed team of 5 (all grades are allowed)
- 2006	18 years old and above	



33. Para TKD:

- a. Regardless of ages, categories and grades, all para-athletes are to perform **two** self-selected recognised WT Poomsae in the finals. (Taegeuk 1 to Hansu)
- b. The Para athletes can repeat the form.

Single – 1 athlete (f/m)	
Age category	Divisions
<ul style="list-style-type: none"> • Under 31 (1994 and above) • 31 years old and above (1993 and below) 	P11/P12/P13 – Visual impairments
	P20 – Intellectually impaired
Classes <ul style="list-style-type: none"> • KUP • DAN 	P31/P32/P33/P34 – Physical impairments
	P40 – Limb deficiency
	P50 – Wheelchair classes
	P60 – Deaf
	P70s – Short stature

34. Family Poomsae:

- a. Regardless of ages, categories and grades, all athletes are to perform **two** self-selected recognized WT Poomsae in the **finals**.
- b. The patterns are **not** allowed to be repeated, except for the 9th and 10th KUP athletes.
- c. Family Poomsae is open for all siblings, parents, grandparents, aunts and uncles.
- d. **Coaches/Trainers** and their **athletes** could start in this category. (TKD Family)
- e. The **pairs** and **teams** would start in the **eldest** member age category.

For example:

If a 52-year-old coach/trainer would start with his 19-year-old athlete, they would start in "51 and above" age category.

Age/Category	Category	Patterns / Class
7 – 17 years old	<ul style="list-style-type: none"> • Pair • Team of 3 	Taegeuk 1 – Hansu
18 – 30 years old		Class: Any combination
31 – 50 years old		
51 and above		



**4th International Taekwondo
Mustang Championship 2024 (ITMC 4)
Speed Kicking & Mustang's Parkour
~ Open to all TKD athletes ~**



35. Age and gender Ages based on year of birth and gender.
a) 6 and below (Bambini)
b) 7- 11 (Children)
c) 12-14 (Cadet)
d) 15-17 (Junior)
e) 18-30 (Senior)
f) 31 and above

36. Target group The disciplines (Speed Kicking and Mustang's Parkour challenges) are open to all TKD athletes regardless of belts, according to age and gender.

37. Time 10:00 – 14:00 Competitors can start at any time within this period.
 14:00 – 15:00 Consolidation of results
 15:00 Results Announcement and Awarding of Medals.

38. Methods of competition (Kicking Challenge):

- a) Only pandal-chagi kicks on the hogu (vest on the dummy) are valid.
- b) Use either the right OR the left leg. Not both.
- c) The kicking leg must be placed on the floor before kicking another time.
- d) The highest number of correct kicks in 60 seconds onto the hogu wins.
- e) Medals would be awarded to the top three from each age group and gender category.

39. Method of competition (Mustang's Parkour):

- a) The participant has to finish the fitness parkour as fast as possible.
- b) Medals would be awarded to the top three participants from each age and gender group who finished the fastest.



40. Disclaimer and Waiver of Liability:

- a) The organising committee of the Taekwondo Mustang-Feldkirch must not be held responsible for any injury sustained during the tournament. The competitors understand and accept all risks taken by registering for the competition.
- b) By registering and participating in the International Taekwondo Mustang Championship 2024 and/or the Vorarlberg Taekwondo Open Championship 2024, competitors agree that they participate at their own risk.
- c) In the case of minors, the club or the person carrying out the registration ensures that the consent of the parents/legal guardian has been obtained.
- d) Competitors accept civil and criminal liability for any damage caused during the event (personal injury, property damage and consequential damage).
- e) The competitors waive any claims against the organiser and its appointed members and other vicarious agents in connection of any damaging incidents that occur during (direct or indirect connection with) the event "International Taekwondo Mustang Championship 2024 and / or the Open Vorarlberg National Championship 2024".
- f) This waiver is also declared for relatives and dependants. The competitors also indemnify the organiser TAEKWONDO MUSTANG-FELDKIRCH against claims by third parties.
- g) By registering, competitors expressly declare that they are in good health (medical certificate) and that they have taken out sufficient liability accident and health insurance cover valid in Austria.
- h) Competitors agree that pictures and film recordings made during the event may be published on websites and in printed matter and that their name may be included on lists of participants.
- i) With the application / registration, all competitors accept the organiser's conditions of participation according to the announcement, to be aware of all dangers and risks during participation in the INTERNATIONAL TAEKWONDO MUSTANG CHAMPIONSHIP 2024 and / or the VORARLBERG TAEKWONDO OPEN CHAMPIONSHIP 2024 and to fully accept all points mentioned in this disclaimer.

41. Anti-Doping:

Participants accept the anti-doping regulations of the National Anti-Doping Agency (NADA), the World Anti-Doping Agency (WADA) and the World Taekwondo (WT).

